Braids XC 5k -

Pos.	Number	Hour	Min	Sec	Name	Club	Category	F Pos.	MV Pos.	FV Pos.	Cat pos	Time
1	23		15	18	Jacob Smith	DUAXC	M				1	15:18
2	492			25	Luca Messenger-Jones	Edinburgh University Hare and Hounds	MU20				1	15:25
3	64			56	Magnus Tait	Glasgow Uni Hare and Hounds	M				2	15:56
4	80		16	14	Alex Dunn	University of Leeds Cross Country	M				3	16:14
5	21			22	Archie Lawson	DUAXC	M				4	16:22
6	59			24	Elliot Frame	Glasgow Uni Hare and Hounds	M				5	16:24
7	98			27	Rhys Hardman	University of Leeds Cross Country	M				6	16:27
8	153			29	Sean Barry	Newcastle Uni	M				7	16:29
9	14			31	Morgan Kendall	DUAXC	M				8	16:31
10	479			31	Alex Luetchford	Hunters Bog Trotters	M				9	16:31
11	17			33	Ellis Swindell	DUAXC	M				10	16:33
12	170			33	Jack Douglas	Newcastle Uni	M				11	16:33
13	184			38	Miles Benyan	St Andrews XC	M				12	16:38
14	421			38	Laurence Petty	Dundee University Athletics and Cross Country Club	M				13	16:38
15	73			42	Scott Thomas	University of Leeds Cross Country	M				14	16:42
16	416			44	Neil Sillence	Edinburgh University Hare and Hounds	MU20				2	16:44
17	455			49	Alasdair Bisset	Edinburgh University Hare and Hounds	M				15	16:49
18	180			49	Alex Jones	St Andrews XC	M				16	16:49
19	422			55	Euan Patton	Edinburgh University Hare and Hounds	MU20				3	16:55
20	428		17	3	Andrew Taylor	Shettleston Harriers	M				17	17:03
21	31			5	John Hadden	DUAXC	M				18	17:05
22	15			10	Dominic Exworthy	DUAXC	M				19	17:10
23	28			14	William Parker	DUAXC	M				20	17:14
24	412			16	Ewan Crawford	Hunters Bog Trotters	M				21	17:16
25	96			21	Sam Stephens	University of Leeds Cross Country	M				22	17:21
26	74			21	Alex Wright	University of Leeds Cross Country	M				23	17:21
27	459			21	Cameron Anderson		MU20				4	17:21
28	10			25	Jack Mackinnon	Aberdeen Uni	M				24	17:25
29	461			25	Huw Riley	Edinburgh University Hare and Hounds	MU20				5	17:25
30	476			29	Christopher Russell	Fife Athletic Club	M				25	17:29
31	448			30	Seamus Flannery	Edinburgh University Hare and Hounds	M				26	17:30
32	39			36	Robert Finn Combe	DUAXC	M				27	17:36
33	149			36	Jonah Patton	Newcastle Uni	M				28	17:36
34	102			36	Katie Lowery	University of Leeds Cross Country	F	1			1	17:36
35	95			42	Eve Whitaker	University of Leeds Cross Country	F	2			2	17:42
36	61			42	Harry McGill	Glasgow Uni Hare and Hounds	M				29	17:42
37	118			45	Thomas McKeveney	Manchester Uni XC	M				30	17:45

38	478			50	luke hampshire	Edinburgh University Hare and Hounds	MU20		6	17:50
39	65			53	Oscar Logan	Glasgow Uni Hare and Hounds	M		31	17:53
40	85			55	Ritchie Gardiner	University of Leeds Cross Country	M		32	17:55
41	57			56	David Addison	Glasgow Uni Hare and Hounds	M		33	17:56
42	26		18	10	Jake Black	DUAXC	M		34	18:10
43	27			10	Finley Pidcock	DUAXC	M		35	18:10
44	68			10	Sandy Gilhooly	Glasgow Uni Hare and Hounds	M		36	18:10
45	13			13	Aiken Furlong	DUAXC	M		37	18:13
46	516			13	Ben Horne	Carnethy Hill Racing Club	M		38	18:13
47	69			21	Theo Phillips Smith	Glasgow Uni Hare and Hounds	M		39	18:21
48	62			21	Ieuan Harries	Glasgow Uni Hare and Hounds	M		40	18:21
49	166			25	Peter Stevens	Newcastle Uni	M		41	18:25
50	105			27	Sarah Coutts	University of Leeds Cross Country	F	3	3	18:27
51	423			30	Oscar Shepherd	Edinburgh University Hare and Hounds	MU20		7	18:30
52	450			34	Anya Maclean	Edinburgh University Hare and Hounds	FU20	4	1	18:34
53	78			36	Konstantinos Mytaf	University of Leeds Cross Country	M		42	18:36
54	454			38	Edward Riley		M		43	18:38
55	467			38	Lewis Mann		M		44	18:38
56	87			38	Pippa Carcas	University of Leeds Cross Country	F	5	4	18:38
57	480			42	Luke Smithson		M		45	18:42
58	43			49	Clare Stewart	Glasgow Uni Hare and Hounds	F	6	5	18:49
59	488			53	sam kitchin	Lasswade Athletics Club	MU20		8	18:53
60	493			57	John Ockenden	Hunters Bog Trotters	M		46	18:57
61	312			57	Angus McKenzie	Northumbria Uni	M		47	18:57
62	310		19	7	Joshua Mawer	Northumbria Uni	M		48	19:07
63	469			7	Harvey Matthias	Edinburgh University Hare and Hounds	MU20		9	19:07
64	20			11	Alexander England	DUAXC	M		49	19:11
65	127			12	Daniel Groves	Manchester Uni XC	M		50	19:12
66	128			17	Oakley McMahon	Manchester Uni XC	M		51	19:17
67	22			19	Rex Ezard	DUAXC	M		52	19:19
68	410			19	Milo Mergler	Edinburgh University Hare and Hounds	MU20		10	19:19
69	409			36	Caspar Wynniatt-Husey		MU20		11	19:36
70	88			28	Ted Hodgson	University of Leeds Cross Country	M		53	19:28
71	82			29	Nicola Mason	University of Leeds Cross Country	F	7	6	19:29
72	159			29	Guy Green	Newcastle Uni	M		54	19:29
73	482			30	Simon Timmins		M		55	19:30
74	35			30	Harry Raffaitin	DUAXC	M		56	19:30
75	465			30	Grace Pow	Edinburgh University Hare and Hounds	F	8	7	19:30
76	141			33	Katie Francis	Newcastle Uni	F	9	8	19:33

77	418			36	Maja Thomson		FU20	10			2	19:36
78	45			39	Lea Meinecke	Glasgow Uni Hare and Hounds	F	11			9	19:39
79	311			44	Flynn Hill	Northumbria Uni	M				57	19:44
80	30			47	Bryn Jones	DUAXC	M				58	19:47
81	151			50	Hari Rhoades	Newcastle Uni	M				59	19:50
82	142			50	Adain Russell	Newcastle Uni	M				60	19:50
83	424			52	Lewis McGuire	Dundee University Athletics and Cross Country Club	MU20				12	19:52
84	458			52	Amelie Marshall	Edinburgh University Hare and Hounds	FU20	12			3	19:52
85	475			56	Daniel Casado	Dundee University Athletics and Cross Country Club	M				61	19:56
86	84			57	Kirstie Beattie	University of Leeds Cross Country	F	13			10	19:57
87	443		20	3	Andrew Kershaw		M				62	20:03
88	89			12	Tom Jawad	University of Leeds Cross Country	M				63	20:12
89	434			13	Ines Goncalves	Edinburgh Hare and Hounds	F	14			11	20:13
90	51			16	Sophie Gorman	Glasgow Uni Hare and Hounds	F	15			12	20:16
91	427			16	Helen Bridle		F40	16		1	1	20:16
92	56			16	Andrew Blair	Glasgow Uni Hare and Hounds	M				64	20:16
93	407			20	Maya Millar	Edinburgh University Hare and Hounds	FU20	17			4	20:20
94	449			27	Aidan Belton-Schure	Hunters Bog Trotters	M				65	20:27
95	130			27	Magnus Bichan	Edinburgh Napier University Athletics and Triathlon Club	M				66	20:27
96	11			28	Dominic Uri	Aberdeen Uni	M				67	20:28
97	519			29	Kirsty Coombs	Carnethy Hill Racing Club	F	18			13	20:29
98	484			37	Domhnall Beaton	RGU	M				68	20:37
99	109			45	Fiona Corrick	Liverpool Uni	F	19			14	20:45
100	431			50	Lydia Blythe	Thames Valley Harriers	F	20			15	20:50
101	336			51	Kate Seymour	DUAXC	F	21			16	20:51
102	139			51	John Hinton	Newcastle Uni	M				69	20:51
103	24			53	Isabelle Stutchfield	DUAXC	F	22			17	20:53
104	425			59	Marisa Allen		F	23			18	20:59
105	468		21	4	Eilis McKechanie	Hunters Bog Trotters	F40	24		2	2	21:04
106	451			4	Charlie McVickers	Alehouse	M				70	21:04
107	16			4	Amy Whelan	DUAXC	F	25			19	21:04
108	42			4	Anna Dalglish	Glasgow Uni Hare and Hounds	F	26			20	21:04
109	70			14	Thomas Harris	Glasgow Uni Hare and Hounds	M				71	21:14
110	176			18	Lenny Saville	Newcastle Uni	M				72	21:18
111	129			19	Hedda Kjeldsen	Manchester Uni XC	F	27			21	21:19
112	144			19	Imogen Dee	Newcastle Uni	F	28			22	21:19
113	58			19	Elliot Boath	Glasgow Uni Hare and Hounds	M				73	21:19
114	38			19	Isobel Horsfield	DUAXC	F	29			23	21:19
115	114			30	Freya Potts	Liverpool Uni	F	30			24	21:30

116	121			30	Lucy Henson	Manchester Uni XC	F	31			25	21:30
117	517			33	Eilidh Roberts		F	32			26	21:33
118	9			33	Euan Wallace	Aberdeen Uni	M				74	21:33
119	497			33	Amelie Dryer	Edinburgh University Hare and Hounds	FU20	33			5	21:33
120	32			36	Alex Kilby	DUAXC	M				75	21:36
121	498			36	Nancy Britten	Edinburgh University Hare and Hounds	F	34			27	21:36
122	97			42	Amelia Taylor	University of Leeds Cross Country	F	35			28	21:42
123	356			42	Isabelle Robinson	Manchester Uni XC	F	36			29	21:42
124	512			42	David Fulton	HBT	M40		1		1	21:42
125	1			47	Rachel Gillies	Aberdeen Uni	F	37			30	21:47
126	179			47	Josh McCallum	St Andrews XC	M				76	21:47
127	142			47	Adain Russell	Newcastle Uni	M				77	21:47
128	8			47	Daniel Smith	Aberdeen Uni	M				78	21:47
129	125			52	Amy Carr	Manchester Uni XC	F	38			31	21:52
130	132			52	Max Johnson	Edinburgh Napier University Athletics and Triathlon Club	M				79	21:52
131	489			52	Mark Ostheimer	Hunters Bog Trotters	M				80	21:52
132	514			52	Pete McCelland	HBT	M40		2		2	21:52
133	81			52	Millie Thorpe	University of Leeds Cross Country	F	39			32	21:52
134	406			52	Heidi Robertshaw	Edinburgh University Hare and Hounds	FU20	40			6	21:52
135	444		22	0	Joshua Liddle	Edinburgh University Hare and Hounds	M				81	22:00
136	460			4	Rachel Murray	Edinburgh University Hare and Hounds	FU20	41			7	22:04
137	19			4	Bea Jarvis	DUAXC	F	42			33	22:04
138	48			7	Rosie Hartwell	Glasgow Uni Hare and Hounds	F	43			34	22:07
139	152			8	Roisin McGrath	Newcastle Uni	F	44			35	22:08
140	160			16	Ava Leadbetter	Newcastle Uni	F	45			36	22:16
141	169			16	Christopher McGuirk	Newcastle Uni	M				82	22:16
142	494			20	Martin Wehking	Hunters Bog Trotters	M				83	22:20
143	485			20	Diarmid Thomson	RGU	M				84	22:20
144	110			22	Harvey Waites	Liverpool Uni	M				85	22:22
145	163			22	Roisin Keohane	Newcastle Uni	F	46			37	22:22
146	175			26	James Malpass	Newcastle Uni	M				86	22:26
147	100			29	Dearbhla Delaney	University of Leeds Cross Country	F	47			38	22:29
148	99			31	Matt Davis-Haller	University of Leeds Cross Country	M				87	22:31
149	415			33	Adam Irving	Harmeny AC	M				88	22:33
150	466			35	Sasha Hazard		F	48			39	22:35
151	162			39	Olivia Dyson	Newcastle Uni	F	49			40	22:39
152	417			42	Heather Mack		F	50			41	22:42
153	477			42	Jake Lamb	Good Time Running Club	M				89	22:42
154	445			58	Holly Mammatt	Herne Hill Harriers	F	51			42	22:58

155	91			59	Joe Gebbie	University of Leeds Cross Country	M			90	22:59
156	457			59	Lucy Strover	Edinburgh University Hare and Hounds	F	52		43	22:59
157	140		23	0	Emily Pickles	Newcastle Uni	F	53		44	23:00
158	173			0	Alanagh Kelly	Newcastle Uni	F	54		45	23:00
159	2			4	Frankie Duncan-Morris	Aberdeen Uni	F	55		46	23:04
160	309			8	Melissa Bills	Northumbria Uni	F	56		47	23:08
161	60			9	Hamza Daudali	Glasgow Uni Hare and Hounds	M			91	23:09
162	462			9	Claire Qualls	Stirling University Athletics Club	FU20	57		8	23:09
163	511			11	Robert Henry	Musselburgh and District Athletic Club	M40		3	3	23:11
164	433			14	Ruby Soldan	Dundee University Athletics and Cross Country Club	F	58		48	23:14
165	437			16	Joshua Betteley	DOSS AC	M			92	23:16
166	37			18	Isla Innes	DUAXC	F	59		49	23:18
167	157			24	Matthew Stacey	Newcastle Uni	M			93	23:24
168	436			24	James Ward		M			94	23:24
169	123			27	Harriet Jones	Manchester Uni XC	F	60		50	23:27
170	12			27	Connor Thompson	Aberdeen Uni	M			95	23:27
171	134			28	Brandon Streets-McLeod	Edinburgh Napier University Athletics and Triathlon Club	M			96	23:28
172	452			28	Isobel Wignall	Alehouse	F	61		51	23:28
173	414			30	Doug MacDonald	Lasswade Athletics Club	M			97	23:30
174	25			30	Emma Dobson	DUAXC	F	62		52	23:30
175	50			31	Sadie Croasdale	Glasgow Uni Hare and Hounds	F	63		53	23:31
176	119			32	Lydia Throssell	Manchester Uni XC	F	64		54	23:32
177	470			34	Moahamd Alzehrawi		M			98	23:34
178	136			36	Nik Haugland-Gosling	Edinburgh Napier University Athletics and Triathlon Club	M			99	23:36
179	71			38	Alex Knott	Heriot-Watt Athletics Club	M			100	23:38
180	145			38	Anna Potter	Newcastle Uni	F	65		55	23:38
181	420			38	kate gray		F	66		56	23:38
182	502			38	Emma Brown	Edinburgh University Hare and Hounds	F	67		57	23:38
183	483			41	Katie Walling	Moorfoots	F	68		58	23:41
184	107			41	Freya King	Liverpool Uni	F	69		59	23:41
185	47			41	Maria O'Neill	Glasgow Uni Hare and Hounds	F	70		60	23:41
186	453			47	Caitlin Bowden	Newcastle University AC	FU20	71		9	23:47
187	308			50	Amy John	Northumbria Uni	F	72		61	23:50
188	313			53	Zena Hartley	Northumbria Uni	F	73		62	23:53
189	432			53	Grace Chilton	Edinburgh University Triathlon	F	74		63	23:53
190	174			53	Harriet Thompson	Newcastle Uni	F	75		64	23:53
191	143			57	Ashlin McAree	Newcastle Uni	F	76		65	23:57
192	104		24	0	Liberty Brooking	University of Leeds Cross Country	F	77		66	24:00
193	108			3	Livy Brady	Liverpool Uni	F	78		67	24:03

194	138			3	Jemma Rowell	Newcastle Uni	F	79		68	24:03
195	76			5	Tom Lee	University of Leeds Cross Country	M			101	24:05
196	161			9	Romany Tune	Newcastle Uni	F	80		69	24:09
197	154			12	Lauren Ford	Newcastle Uni	F	81		70	24:12
198	515			13	Andy Kitchen		M55		4	1	24:13
199	442			13	Emma Baldwin	Leeds university xc club	F	82		71	24:13
200	146			13	Athene Ryan	Newcastle Uni	F	83		72	24:13
201	172			18	Anna Styles	Newcastle Uni	F	84		73	24:18
202	503			18	Karim Gulwali		M			102	24:18
203	131			18	Ruby McMillan	Edinburgh Napier University Athletics and Triathlon Club	F	85		74	24:18
204	86			22	Slyvie Hosking	University of Leeds Cross Country	F	86		75	24:22
205	413			22	Emily Naray		F	87		76	24:22
206	156			22	Madeleine Turner	Newcastle Uni	F	88		77	24:22
207	182			24	Megan Gore	St Andrews XC	F	89		78	24:24
208	231			26	Zara Lake	Leeds university xc club	F	90		79	24:26
209	83			26	Oakley Webb	University of Leeds Cross Country	M			103	24:26
210	55			26	Zoe Charters	Glasgow Uni Hare and Hounds	F	91		80	24:26
211	92			26	Elina Hine	University of Leeds Cross Country	F	92		81	24:26
212	103			33	Liv Shepherd-Smith	University of Leeds Cross Country	F	93		82	24:33
213	155			33	Bethany Chapman	Newcastle Uni	F	94		83	24:33
214	112			38	Melissa Ince	Liverpool Uni	F	95		84	24:38
215	446			39	Lola Gregory	Doss AC	F	96		85	24:39
216	72			41	Harry Kirk	Heriot-Watt Athletics Club	M			104	24:41
217	481			44	Saskia Chaplin	Edinburgh University Hare and Hounds	FU20	97		10	24:44
218	137			48	Berta Fatas	Edinburgh Napier University Athletics and Triathlon Club	F	98		86	24:48
219	504			48	Alex McCollom	Hunters Bog Trotters	M			105	24:48
220	106			49	Sam Maitland	Liverpool Uni	M			106	24:49
221	408			49	George Carley	Doss AC	M			107	24:49
222	77			49	Pippa Hooper	University of Leeds Cross Country	F	99		87	24:49
223	52			51	Sophie Misslin	Glasgow Uni Hare and Hounds	F	100		88	24:51
224	495			51	Jasper Strudwick		M			108	24:51
225	456			55	Blythe Fourie		F	101		89	24:55
226	167			58	Joseph Drew	Newcastle Uni	M			109	24:58
227	41		25	0	Aliki Kavoussanaki	Glasgow Uni Hare and Hounds	F	102		90	25:00
228	499			0	Alex Lesiuk		M			110	25:00
229	147			4	Laura Havis	Newcastle Uni	F	103		91	25:04
230	171			4	Zoe Seward	Newcastle Uni	F	104		92	25:04
231	430			4	Abigail Strath	Edinburgh University Hare and Hounds	FU20	105		11	25:04
232	66			4	Ross Hunter	Glasgow Uni Hare and Hounds	M			111	25:04

233	490			12	Lucie Nicoll	Dundee Hawkhill Harriers	F	106			93	25:12
234	183			14	Vera Kjellberg	St Andrews XC	F	107			94	25:14
235	181			14	William Carruthers	St Andrews XC	M				112	25:14
236	18			22	Heidi Mundinano	DUAXC	F	108			95	25:22
237	429			24	Stewart Strath	Lothian Running Club	M40		5		4	25:24
238	440			31	Louisa Clemmetsen		F	109			96	25:31
239	168			31	Archie McPhee	Newcastle Uni	M				113	25:31
240	471			34	Millie Morgan	Hunters Bog Trotters	F	110			97	25:34
241	487			44	Kate Kitchin	Ferranti AAC	F40	111		3	3	25:44
242	111			47	Ruth Day	Liverpool Uni	F	112			98	25:47
243	474			53	Maeve Connolly	Dundee University Athletics and Cross Country Club	F	113			99	25:53
244	491			55	Katie Grant	Hunters Bog Trotters	F	114			100	25:55
245	472			58	Anne Craig	Carnethy Hill Racing Club	F60	115		4	1	25:58
246	164		26	4	Sophie Howie	Newcastle Uni	F	116			101	26:04
247	447		27	1	Katy Goodhead	University of Leeds	F	117			102	27:01
248	178			11	Aanya Iyer	St Andrews XC	F	118			103	27:11
249	463			11	Michael Munro		M				114	27:11
250	158			40	Jake Bradford	Newcastle Uni	M				115	27:40
251	113		28	2	Millie Martin	Liverpool Uni	F	119			104	28:02
252	438			16	Olivia Utting	Doss AC	F	120			105	28:16
253	44			19	Jen Armstrong	Glasgow Uni Hare and Hounds	F	121			106	28:19
254	473			27	Konstanze McLeod		F50	122		5	1	28:27
255	441			52	Sarah Munson	Eton Manor AC	F	123			107	28:52
256	75			53	Ceri Marshall	University of Leeds Cross Country	F	124			108	28:53
257	126		29	30	Hayley Cregor	Manchester Uni XC	F	125			109	29:30
258	101			35	Erin Morris	University of Leeds Cross Country	F	126			110	29:35
259	496			37	Caspar Wilson		M				116	29:37
260	464		30	4	Dominic Spalinger		M				117	30:04
261	133			30	Fleur Aitken	Edinburgh Napier University Athletics and Triathlon Club	F	127			111	30:30
262	135			31	Kimmi Rae	Edinburgh Napier University Athletics and Triathlon Club	F	128			112	30:31
263	94			43	Jess Anderson	University of Leeds Cross Country	F	129			113	30:43
264	177		32	9	Margaret Chingos	St Andrews XC	F	130			114	32:09
265	90			12	Gabriella Montegriffo	University of Leeds Cross Country	F	131			115	32:12
266	79		34	23	Bryher Atkins	University of Leeds Cross Country	F	132			116	34:23

Braids XC 10k -

Pos.	Number	Hour	Min	Sec	Name	Club	Category	F Pos.	MV Pos.	FV Pos.	Cat pos	Time
1	513		31	41	Tom Martin	HBT	M				1	31:41
2	405		32	17	Csoban Balogh	Carnethy Hill Racing Club	M				2	32:17
3	197			20	Oliver James	DUAXC	M				3	32:20
4	382			43	Kieran Cooper	Carnethy Hill Racing Club	M				4	32:43
5	198			57	Jamie Rashbrook	DUAXC	M				5	32:57
6	275		33	1	Fredrick Roden	Manchester Uni XC	M				6	33:01
7	403			3	Aidan Smith	Carnethy Hill Racing Club	M				7	33:03
8	342			6	James Dunn	Corstorphine AAC	M				8	33:06
9	518			8	Ruaridh Mon-Williams	Edinburgh University Hare and Hounds	M				9	33:08
10	271			12	Louis Hudson	Manchester Uni XC	M				10	33:12
11	391			23	Jamie Goodge	Tonbridge AC	M				11	33:23
12	242			52	Ewan Wheelright	University of Leeds Cross Country	M				12	33:52
13	243			59	Jack Walton	University of Leeds Cross Country	M				13	33:59
14	241		34	1	Jim Gordon	University of Leeds Cross Country	M				14	34:01
15	199			10	Jack Casalino	DUAXC	M				15	34:10
16	520			12	Gregor Malcolm	HBT	M				16	34:12
17	362			14	Telfer Gray	Corstorphine AAC	M				17	34:14
18	286			22	Jamie Styles	Newcastle Uni	M				18	34:22
19	522			27	Duncan Coombs	HBT	M35		1		1	34:27
20	203			33	Miles Brierley	DUAXC	M				19	34:33
21	272			42	Callum Broadbent	Manchester Uni XC	M				20	34:42
22	326			45	Freddie Fearn	Edinburgh University Hare and Hounds	M				21	34:45
23	222			48	Alex Vidal Hiscock	Heriot-Watt Athletics Club	M				22	34:48
24	218			52	Mark Irvine	Glasgow Uni Hare and Hounds	M				23	34:52
25	354		35	1	Mark MacDermot	Edinburgh Athletics Club	M				24	35:01
26	202			7	William Kennedy	DUAXC	M				25	35:07
27	324			26	Tom Rehal	Woodford Green AC with Essex Ladies	M				26	35:26
28	353			30	Sebastian Segger-Staverly	Edinburgh University Hare and Hounds	M				27	35:30
29	521			44	Dave Ward	HBT	M40		2		1	35:44
30	330			55	Daniel Jones	Liverpool Pembroke & Sefton H AC	M				28	35:55
31	265		36	11	Josh Maklin	Liverpool Uni	M				29	36:11
32	297			16	Ben Hodgson	Newcastle Uni	M				30	36:16
33	189			21	Dan Amador-Clarke	DUAXC	M				31	36:21
34	321			21	Ewan Crawford	Hunters Bog Trotters	M				32	36:21
35	360			26	Alasdair Charles	Edinburgh University Hare and Hounds	M				33	36:26
36	361			39	Samuel Thom	Keighley & Craven AC	M				34	36:39
37	255			41	Deio Garton Jones	Liverpool Uni	M				35	36:41

38	292			41	Edward Woodhead	Newcastle Uni	M			36	36:41
39	209			42	David Millar	DUAXC	M			37	36:42
40	281			46	Aaron Whitefield	Edinburgh Napier University Athletics and Triathlon Club	M			38	36:46
41	372			57	David McDouglas		M			39	36:57
42	339		37	1	Dylan Connor	Doss AC	M			40	37:01
43	291			8	Will Wright	Newcastle Uni	M			41	37:08
44	364			9	Marcus Preedy	Rossendale Harriers & AC	M			42	37:09
45	349			15	Duncan Lamont	Hunters Bog Trotters	M40		3	2	37:15
46	201			18	Louise Mitchell	DUAXC	F	1		1	37:18
47	384			21	Daniel Lynch	Manchester Alehouse	M			43	37:21
48	188			26	Gregor Naughton	Aberdeen Uni	M			44	37:26
49	401			30	Alex Robinson	Hunters Bog Trotters	M			45	37:30
50	194			40	Daniel Buffham	DUAXC	M			46	37:40
51	213			40	Ben Brown	Glasgow Uni Hare and Hounds	M			47	37:40
52	331			44	Dylan Williams	Doss AC	M			48	37:44
53	240			50	Betty Bergstrand	University of Leeds Cross Country	F	2		2	37:50
54	289		38	17	Ben Roach	Newcastle Uni	M			49	38:17
55	288			26	Thomas Corlett	Newcastle Uni	M			50	38:26
56	402			28	Christopher Martens		M			51	38:28
57	263			30	Ben Pease	Liverpool Uni	M			52	38:30
58	266			31	Lucien Male	Liverpool Uni	M			53	38:31
59	375			35	Duarte Menezes	Glasgow University Hares and Hounds	M			54	38:35
60	219			37	Simon Dalton Celis	Glasgow Uni Hare and Hounds	M			55	38:37
61	206			39	Roger Wilcox	DUAXC	M			56	38:39
62	232			46	Cian Hutton	University of Leeds Cross Country	M			57	38:46
63	227			47	Alex Wright	University of Leeds Cross Country	M			58	38:47
64	359			48	Alexandra Mckail	Alehouse	M			59	38:48
65	245			54	Jack Bamber	University of Leeds Cross Country	M			60	38:54
66	294			57	Sebastian Graham	Newcastle Uni	M			61	38:57
67	509			59	Huw Jones	HBT	M40		4	3	38:59
68	234		39	16	Ethan Cairns	University of Leeds Cross Country	M			62	39:16
69	225			24	Maddy Johnson	University of Leeds Cross Country	F	3		3	39:24
70	295			25	William Brockman	Newcastle Uni	M			63	39:25
71	293			32	Oliver McKenna	Newcastle Uni	M			64	39:32
72	254			34	Mark Strickland	Liverpool Uni	M			65	39:34
73	365			40	Gavin Smith	Hunters Bog Trotters	M40		5	4	39:40
74	300			44	David Quinn	St Andrews XC	M			66	39:44
75	345			46	Jonty Eaton-Hart	Edinburgh University Hare and Hounds	M			67	39:46
76	319			49	Katie Williams	Hunters Bog Trotters	F	4		4	39:49

77	200			59	Ophelia Vessely	DUAXC	F	5			5	39:59
78	377		40	2	Wade Cormack	Hunters Bog Trotters	M				68	40:02
79	347			2	Joe Body	Doss AC	M				69	40:02
80	304			5	Noah McDermott	St Andrews XC	M				70	40:05
81	214			9	Callum Husband	Glasgow Uni Hare and Hounds	M				71	40:09
82	223			9	Alexander Page	Heriot-Watt Athletics Club	M				72	40:09
83	264			12	Henry Codling	Liverpool Uni	M				73	40:12
84	208			15	Alex Young	DUAXC	M				74	40:15
85	274			17	Daire Mallon	Manchester Uni XC	M				75	40:17
86	366			27	Ella Revitt		F	6			6	40:27
87	399			27	Morag McClelland	Hunters Bog Trotters	F	7			7	40:27
88	315			29	Harvey Marks	Northumbria Uni	M				76	40:29
89	374			29	Andrew Carrick	Carnethy Hill Running Club	M				77	40:29
90	205			30	Leonora Lynn	DUAXC	F	8			8	40:30
91	373			32	Tina Christman	Southampton Triathlon Club	F	9			9	40:32
92	239			37	Wataru Nakajima	University of Leeds Cross Country	M				78	40:37
93	229			49	George Gillies	University of Leeds Cross Country	M				79	40:49
94	303			50	Joe McDermott	St Andrews XC	M				80	40:50
95	251			50	Jim Sherlock	University of Leeds Cross Country	M				81	40:50
96	338			52	Jacob Rankin	Edinburgh University Hare and Hounds	MU20				1	40:52
97	376			55	Danny Munro	Strathclyde University Harriers	M				82	40:55
98	371		41	2	Gregor Lawson		M40		6		5	41:02
99	259			11	James Pullen	Liverpool Uni	M				83	41:11
100	346			32	Hannah Cox	Fulham Running Club	F	10			10	41:32
101	282			36	Jules Gachet	Edinburgh Napier University Athletics and Triathlon Club	M				84	41:36
102	370			38	Janani Mohan	Edinburgh University Hare and Hounds	F	11			11	41:38
103	270			40	Kei McCulloch	Manchester Uni XC	M				85	41:40
104	383			50	Anna Macfadye	Shettleston Harriers	F	12			12	41:50
105	283			53	Michael McGee	Edinburgh Napier University Athletics and Triathlon Club	M				86	41:53
106	327			53	Steve Bedwell	Portobello Running Club	M40		7		6	41:53
107	320			54	Carwyn Owen	Doss AC	M				87	41:54
108	207			56	Kate Sutcliffe	DUAXC	F	13			13	41:56
109	220			56	William MacGlashan	Glasgow Uni Hare and Hounds	M				88	41:56
110	268		42	1	Samia Jones	Liverpool Uni	F	14			14	42:01
111	508			2	Scott Walker	Penicuik Harriers	M50		8		1	42:02
112	337			2	Thomas Mackenzie	Edinburgh University Hare and Hounds	MU20				2	42:02
113	299			6	Owen McCartney	St Andrews XC	M				89	42:06
114	390			9	Rory Anderson	Doss AC	M				90	42:09
115	507			33	Mark Clements		M50		9		2	42:33

116	193			35	Orson Potter	DUAXC	M				91	42:35
117	400			35	Stuart Mounce	Hunters Bog Trotters	M40		10		7	42:35
118	235			44	Ben MacDermid	University of Leeds Cross Country	M				92	42:44
119	122			44	Tess Graham	Manchester Uni XC	F	15			15	42:44
120	348			45	Rob Chadwick	Hunters Bog Trotters	M				93	42:45
121	355			48	Hannah Morrison		F	16			16	42:48
122	325			50	Coll Williamson	Hunters Bog Trotters	M				94	42:50
123	212			57	Barney Sharifi	Glasgow Uni Hare and Hounds	M				95	42:57
124	404		43	20	Anna Murgatroy	Carnethy Hill Racing Club	F	17			17	43:20
125	248			30	Jessie Mescal	University of Leeds Cross Country	F	18			18	43:30
126	279			53	Nicolas Crossa	Manchester Uni XC	M				96	43:53
127	296			53	Joe Hopkinson	Newcastle Uni	M				97	43:53
128	261			53	Max Rodriguez-Payne	Liverpool Uni	M				98	43:53
129	287			57	Emma Theobald	Newcastle Uni	F	19			19	43:57
130	195			59	Ellie Richardson	DUAXC	F	20			20	43:59
131	340		44	1	Jacob Akers		M				99	44:01
132	284			3	Henry Lau	Edinburgh Napier University Athletics and Triathlon Club	M				100	44:03
133	341			3	Eve Young	Edinburgh University Hare and Hounds	F	21			21	44:03
134	316			7	Emma White	Northumbria Uni	F	22			22	44:07
135	273			9	Katie Hay	Manchester Uni XC	F	23			23	44:09
136	306			11	Conor Shields	St Andrews XC	M				101	44:11
137	386			12	Alice East		FU20	24			1	44:12
138	368			31	Andrew McKechan	Hunters Bog Trotters	M40		11		8	44:31
139	378			34	Ralph Lorne	Hunters Bog Trotters	M				102	44:34
140	388			38	Zijun Tang	Dundee University Athletics and Cross Country Club	M				103	44:38
141	252			38	Ben Kelly	University of Leeds Cross Country	M				104	44:38
142	277			44	Izzy Richardson	Manchester Uni XC	F	25			24	44:44
143	395			55	Don Reid	Westerlands	M60		12		1	44:55
144	256			58	Niamh Gallagher	Liverpool Uni	F	26			25	44:58
145	236		45	1	Connie Crothers	University of Leeds Cross Country	F	27			26	45:01
146	357			7	Katie Strange	ALEHOUSE	F	28			27	45:07
147	318			16	Callum Connor		M				105	45:16
148	369			18	Harriett Townhill	Edinburgh University Hare and Hounds	F	29			28	45:18
149	224			28	Matthew Cartledge	Heriot-Watt Athletics Club	M				106	45:28
150	116			29	Gemma Newport	Manchester Uni XC	F	30			29	45:29
151	397			31	Neil Thomas	Hunters Bog Trotters	M50		13		3	45:31
152	352			33	Georgina Mcallister	Penicuik Harriers	F40	31		1	1	45:33
153	379			37	Suzanne Robinson	Hunters Bog Trotters	F	32			30	45:37
154	204			39	Sonia Lee	DUAXC	F	33			31	45:39

155	301			44	Josh Beukes	St Andrews XC	M				107	45:44
156	276			46	Elizabeth Heslop	Manchester Uni XC	F	34			32	45:46
157	393			48	Joseph Watson		M				108	45:48
158	394			48	Jonathan Weir		M40		14		9	45:48
159	396			52	Angus Comerford		M				109	45:52
160	191			55	Charlotte Ryan	DUAXC	F	35			33	45:55
161	298			57	William Samuels	Newcastle Uni	M				110	45:57
162	323		46	5	Ben Williamson		M				111	46:05
163	358			18	Sophie Johnstone	Edinburgh University Hare and Hounds	FU20	36			2	46:18
164	367			20	Niklas Heineman		M40		15		10	46:20
165	381			20	Alex Wickens	Doss AC	M				112	46:20
166	215			25	Dan De Luca	Glasgow Uni Hare and Hounds	M				113	46:25
167	278			33	Anna Nicod	Manchester Uni XC	F	37			34	46:33
168	385			35	Pete Dyer	Doss AC/Fulham RC	M				114	46:35
169	510			48	Fraser Reid	Westerlands XC	M				115	46:48
170	257			57	Orla Newbery	Liverpool Uni	F	38			35	46:57
171	238		47	37	Millie O'Connekk	University of Leeds Cross Country	F	39			36	47:37
172	333			58	Megan Cottrell	Dundee University Athletics and Cross Country Club	F	40			37	47:58
173	250		48	1	Leanne Moore	University of Leeds Cross Country	F	41			38	48:01
174	322			3	Robert Gatenby	Doss AC	M40		16		11	48:03
175	253			34	Joe Sutton	Liverpool Uni	M				116	48:34
176	285		49	11	Bella Sutherland	Edinburgh Napier University Athletics and Triathlon Club	F	42			39	49:11
177	210			17	Flora Henry	Glasgow Uni Hare and Hounds	F	43			40	49:17
178	506			22	Will Hugh Bailey	HBT	M				117	49:22
179	387			27	Jamie Stewart		M				118	49:27
180	187			30	Katie McDonald	Aberdeen Uni	F	44			41	49:30
181	335		49	35	Zara Tweed	Doss AC	F	45			42	49:35
182	380			37	Paddy Jumelle	CARNETHY RUNNING CLUB	M40		17		12	49:37
183	244			52	Connie Andrews	University of Leeds Cross Country	F	46			43	49:52
184	237			54	Yvette Lewis	University of Leeds Cross Country	F	47			44	49:54
185	398		50	20	Jan Dawson	Penicuik Harriers	F40	48		2	2	50:20
186	317			20	Matt Evans	Cheltenham and County Harriers	M				119	50:20
187	226		51	36	Scott Thomas	University of Leeds Cross Country	M				120	51:36
188	228			38	Joe Bentall	University of Leeds Cross Country	M				121	51:38
189	392			58	Gemma Preston	Edinburgh University Hare and Hounds	FU20	49			3	51:58
190	233		53	7	Rebecca Fogarty	University of Leeds Cross Country	F	50			45	53:07
191	262			17	Sophie Davidson	Liverpool Uni	F	51			46	53:17
192	186		54	17	Anna Jackson	Aberdeen Uni	F	52			47	54:17
193	249		55	14	Evie Evans	University of Leeds Cross Country	F	53			48	55:14

194	258			59	Brad Lewis	Liverpool Uni	M				122	55:59
195	247		57	3	Jennie Glass	University of Leeds Cross Country	F	54			49	57:03
196	246			55	Ross Campbell	University of Leeds Cross Country	M				123	57:55
197	332		58	52	Eric Stevenson	Edinburgh Athletic Club	M70		18		1	58:52
198	343	1	11	13	Sheila Strain	HBT	F70	55		3	1	1:11:13
199	260	1	13	37	Caitlin Morris	Liverpool Uni	F	56			50	1:13:37