



# THE UNIVERSITY *of* EDINBURGH

## Sports Union

### Edinburgh University Hare and Hounds Club

#### **SPORTS UNION CRITERIA**

Nominees for Blues and Half Blues must be nominated by their Club Committee and fulfil the following:

- a) Have represented the nominating Club in at least 75% of first team fixtures (except in exceptional circumstances) for two seasons.
- b) Been available to the University club in the first instance,
- c) Except in exceptional circumstances, nominees for Blues and Half Blues shall have attained the minimum standards required by their Club's Blues Constitution.
- d) A Blue may not be re-awarded for the same sport.
- e) A Half-Blue may not be re-awarded for the same sport.

#### **MINIMUM STANDARD REQUIRED FOR A BLUE**

To be eligible for nomination for a Blue, the Club member should satisfy the Sports Union criteria and following conditions:

#### MEN'S STANDARDS

##### **Cross Country**

1. Representation at either SSS, inter-district, or national level
2. Achieve 2 of the following:
  - (i) Top 40 in BUCS A Race
  - (ii) Top 5 in SSS
  - (iii) Top 40 in Scottish Senior National Championships OR  
Top 5 in Scottish Junior National Championships
  - (iv) Top 15 in Scottish Senior National Short Course Championships OR  
Top 5 in Scottish Junior National Short Course Championships

##### **Road Running**

Achieve 3 of the following:

1. 15.15 for 5km at any championship-measured 5km
2. 31.30 for 10km, preferably in either:
  - (i) Scottish Athletics National 10km Championship
  - (ii) SSS 10km Road Running Championship
3. 1 hour 10 minutes for a half marathon, preferably at the Scottish Athletics National Half Marathon Championship
4. 2 hours 30 minutes for a marathon

##### **Hill Running**

1. Inter-counties or National Representation
2. Be in the top 5% of finishers in 2 of the following:



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- (i) Scottish Athletics Hill Running Championship
- (ii) An individual or paired Leg in the British Fell Relay Championship
- (iii) At least 2 races in the Scottish Hill Runners Championship Series
- (iv) At least 2 races in the British Fell Runners Association Championship Series
- (v) Carnethy 5 Hill Race
- (vi) Dumyat Hill Race (inc. SSS Hill Running Championships)

### LADIES' STANDARDS

#### **Cross Country**

1. Representation at either SSS, inter-district, or national level
2. Achieve 2 of the following:
  - (i) Top 20 in BUCS A race
  - (ii) Top 3 in SSS
  - (iii) Top 15 in Scottish Senior National Championships OR  
Top 3 in Scottish Junior National Championships
  - (iv) Top 8 in Scottish Senior National Short Course Championships OR  
Top 3 in Scottish Junior National Short Course Championships

#### **Road Running**

Achieve 3 of the following:

1. 17.20 for 5km at any championship-measured 5km
2. 36.00 for 10km, preferably in either:
  - (i) Scottish Athletics National 10km Championship
  - (ii) SSS 10km Road Running Championship
3. 1 hour 23 minutes for a half marathon, preferably at the Scottish Athletics National Half Marathon Championship
4. 3 hours for a marathon

#### **Hill Running**

1. Inter-counties or National Representation
2. Be in the top 5% of women finishers in 2 of the following:
  - (i) Scottish Athletics Hill Running Championship
  - (ii) An individual or paired Leg in the British Fell Relay Championship
  - (iii) At least 2 races in the Scottish Hill Runners Championship Series
  - (iv) At least 2 races in the British Fell Runners Association Championship Series
  - (v) Carnethy 5 Hill Race
  - (vi) Dumyat Hill Race (inc. SSS Hill Running Championships)



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### **MINIMUM STANDARDS REQUIRED FOR A HALF BLUE**

To be eligible for nomination for a Half-Blue, the Club member should satisfy the Sports Union criteria and following conditions:

#### MEN'S STANDARDS

##### **Cross Country**

Achieve 2 of the following:

1. Top 80 in BUCS A Race OR Top 20 in BUCS B Race
2. Top 10 in SSS
3. Top 90 in Scottish Senior National Championships OR Top 15 in Scottish Junior National Championships
4. Top 40 in Scottish Senior National Short Course Championships OR Top 10 in Scottish Junior National Short Course Championships

##### **Road Running**

Achieve 3 of the following:

1. 15.35 for 5km at any championship-measured 5km
2. 32.30 for 10km, preferably in either:
  - (i) Scottish Athletics National 10km Championship
  - (ii) SSS 10km Road Running Championship
3. 1 hour 15 minutes for a half marathon, preferably at the Scottish Athletics National Half Marathon Championship
4. 2 hours 50 minutes for a marathon

##### **Hill Running**

Be in the top 10% of finishers in 2 of the following:

1. Scottish Athletics Hill Running Championship
2. An individual or paired leg in the British Fell Relay Championship
3. At least 2 races in the Scottish Hill Runners Championship Series
4. At least 2 races in the British Fell Runners Association Championship Series
5. Carnethy 5 Hill Race
6. Dumyat Hill Race (inc. SSS Hill Running Championships)

#### LADIES' STANDARDS

##### **Cross Country**

Achieve 2 of the following:

1. Top 50 in BUCS A race or top 15 in BUCS B race
2. Top 6 in SSS
3. Top 25 in Scottish Senior National Championships OR Top 8 in Scottish Junior National Championships



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4. Top 20 in Scottish Senior National Short Course Championships OR  
Top 8 in Scottish Junior National Short Course Championships

### **Road Running**

Achieve 3 of the following:

1. 18.35 for 5km at any championship-measured 5km
2. 38.45 for 10km, preferably in either:
  - (i) Scottish Athletics National 10km Championship
  - (ii) SSS 10km Road Running Championship
4. 1 hour 30 minutes for a half marathon, preferably at the Scottish Athletics National Half Marathon Championship
5. 3 hours 15 minutes for a marathon

### **Hill Running**

Be in the top 10% of women finishers in 2 of the following:

1. Scottish Athletics Hill Running Championship
2. An individual or paired leg in the British Fell Relay Championship
3. At least 2 races in the Scottish Hill Runners Championship Series
4. At least 2 races in the British Fell Runners Association Championship Series
5. Carnethy 5 Hill Race
6. Dumyat Hill Race

### **NB**

For the avoidance of doubt, all required standards (as described above) must be achieved whilst representing the University of Edinburgh. If the standard is achieved whilst the athlete is competing for another club, it shall not count as meeting the criteria for Blues and Half Blues.

For Road Running, the required times should ideally be achieved at the races named in this constitution, as these are usually key target races for the club each year. However, the required times may also be achieved on suitable alternative courses, subject to the discretion and recommendation of the club committee. A suitable alternative race must be held under a Scottish Athletics (or equivalent governing body)'s racing licence, and should ideally be in accordance with IAAF standards.

Last update: 3<sup>rd</sup> June 2019